

Building Learning Power Skills Yearly Overview 2015-2016

RESILIENCE	RESOURCEFULNESS	RELATIONSHIPS	REFLECTIVENESS
Absorption, Managing Distractions, Noticing, Perseverance	Questioning, Making Links, Imagining, Reasoning, Capitalising	Collaboration, Imitation, Empathy and Listening, Interdependence	Planning, Revising, Distilling, Meta-Learning

Autumn: Managing Distractions	Recognising and reducing distractions. Getting to know the best working environment for you.	
Questioning	Being curious and extending ideas. Lateral thinking. Delving beneath the surface.	
Planning	Thinking about your direction. The time and resources you will need. The challenges you will face	
Interdependence	Knowing when it's appropriate to work on your own or with others. Being able to voice your views in discussions.	
Half Term		
Noticing	Recognising subtle nuances, patterns and details in experiences.	
Making Links	Weaving a web of understanding. Line of Enquiry, Making connections, building patterns.	
Meta-Learning	Know yourself as a learner. To be able to talk about your learning process.	
Collaboration	To be able to work as a team member. To respect and recognise other viewpoints. Building on the strengths of the team.	

Spring: Perseverance	Not giving up. Sometimes it takes time to learn a new skill.	
Reasoning	Looking for evidence and working out what might happen.	
Imitation	Improve your learning by observing other people.	
Half Term		
Distilling	Looking at what you have learnt and taking it into new areas.	
Capitalising	Learn from different sources. Know which one to use in your learning.	
Empathy and Listening	Listening and contributing with others – putting yourself in their shoes.	

Summer: Absorption	Lose yourself in your learning.	
Imagining	Explore and play with ideas.	
Collaboration	To be able to work as a team member. To respect and recognise other viewpoints. Building on the strengths of the team.	
Half Term		
Managing Distractions	Recognising and reducing distractions. Getting to know the best working environment for you.	
Questioning	Being curious and extending ideas. Lateral thinking. Delving beneath the surface.	
Revising	Monitor how things are going. Evaluate, change or modify your plans.	